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June 14, 2023 News Bulletin

In & Around DCC

Monday Morning Yoga at the Clubhouse, starting July 3rd! (Please see fixture card for all dates)

Gaye Parsons is offering gentle yoga classes at the DCC Clubhouse! Gaye is a certified Hatha yoga instructor who has been practicing yoga for 30 years and teaching for more than ten. She is very excited to be able to teach again in Dunany!

Hatha yoga involves deep breathing & stretching, with sitting and standing poses to encourage flexibility and to develop strength (with lots of modifications to help get you into and out of the poses). Please bring a yoga mat, along with any props that you may like to use, including blocks, straps, pads for kneeling and a blanket or beach towel.

Cost of each session is \$15 for members (\$25 for non-members). Sign up for any week, <u>here</u>. Special Offer! A package of 7 sessions for \$90 (members-only offer; <u>click here</u>)

Gaye has generously offered to donate all proceeds to DCC!

Water Update: The pipeline that runs between the Clubhouse and Starter Shack has been replaced and is now up and running. Testing is now underway and membership will be notified when we get the 'all clear'.

Please note that the water in the Clubhouse is potable. For your convenience, the large water cooler (in the alcove of the clubhouse near the washrooms) is now available for use. Various drinks are also available at the Starter Shack.

Junior Golf

Please sign up for all Junior activities as soon as possible. If you did not get an email, please contact <u>Stephanie</u> for more information.

Ladies Branch

The first Ladies Branch Meeting was held Sunday morning at the Clubhouse and on Zoom. Thanks to all attendees; it was a good kickoff to the season. For this year's Dunany Quilt, all squares must be delivered by June 15th. For the Quilt Raffle, June Parker is seeking volunteers to sell tickets. The Cocktail Party volunteer sign up sheet will be sent out this week, or you may email Maureen with your name, lake, phone number and contribution. Ladies Invitational posters will soon be out and the sign-up sheet is now available on the DCC website. Last but not least, we are still seeking a convenor for the Dessert Bridge; please reach-out to Jean Macgibbon if you can help.

The Social Schedule

Fête Nationale Cinq-à-Sept

Clubhouse Bar Friday, June 23rd, from 5PM to 7PM

Our terrific team of bartenders is ready to launch the 5 à 7 season for 2023! Come celebrate St-Jean Weekend at the Clubhouse bar, then join us at the bar during our regularly scheduled operating hours this season: Fridays from 5pm - 7pm, Saturdays from Noon - 6pm, and Sundays from Noon - 2pm!

Directors' Opening Dinner & Dance

New Orleans Style!

DCC Clubhouse - Saturday, July 1st @ 6pm

Tables are filling up fast; full menu now available! — Don't miss this incredible evening featuring a sumptuous New Orleansstyle three-course menu, and dancing to the sounds of the Louisiana Night Train Band. (Watch them perform here.)

rickets: \$45 for mem	bers, \$65 for non-membe	ers.	
Sign up here!			
<u>Orgir up Horo.</u>			

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